

Take a look at what's on this month and join in the fun!

MILPARA SOCIAL CALENDAR

We can pick you up and drop you back at home in a comfy, air-conditioned NovaCoach.

Day Trips from just \$10 plus expenses, **Special Events** and **Milpara Activities**.

For more information or bookings, please call us or email milpara@novacare.org.au

BOOK NOW
4963 6356
or 1300 363 654

SEPTEMBER 2024

Mon 2 September	Tues 3 September	Wed 4 September	Thurs 5 September	Fri 6 September
Milpara Day Centre Art & Craft Games Tech Help Putt Putt	ASB Hatha Yoga 11:00am - 11:45 Or Scenic Drive Morning Tea and Lunch	Active, Stronger, Better Lunch Outing	Bingo Or Morning Tea at Taste of the Country Hunter Belle Cheese Room Audrey Wilkinson Wine tasting \$15. Book by 10 September Lunch: Picnic in Pokolbin Park	Morning Tea at Table One Espresso Speers Point Lunch: Valentine Bowling Club
Mon 9 September	Tues 10 September	Wed 11 September	Thurs 12 September	Fri 13 September
Vehicle inspections Lunch Outing only Boolaroo Sports Club	ASB Hatha Yoga 11:00am - 11:50 \$10 Or Scenic Drive BBQ at Sandy Beach	Strength.Balance.Relax Lunch at Milpara	Bingo Or Scenic Drive Lunch: Nelson Bay Golf Club	Morning Tea at Cherry Rd Nursery Rox box Lunch: Warners Bay Sports Club
Mon 16 September	Tues 17 September	Wed 18 September	Thurs 19 September	Fri 20 September
Milpara Day Centre Art & Craft Games Tech Help Putt Putt	ASB Hatha Yoga 11:00am - 11:45 \$10 Or Morning Tea at The Rectory Lunch: Lakeside Terrace Raymond Terrace	Active, Stronger, Better Lunch at Milpara	Happy Birthday to You!! Games Pass the Parcel Pin the tail Pinata Lucky Seat prize Book by 12 September	Morning Tea at Blue Gum Park Lunch: Minmi Hotel
Mon 23 September	Tues 24 September	Wed 25 September	Thurs 26 September	Fri 27 September
Milpara Day Centre Art & Craft Games Tech Help Putt Putt	ASB Hatha Yoga 11:00am - 11:45 \$10 Or Pies in the Park Morpeth Feed the Alpaca's	Active, Stronger, Better Lunch at Milpara	Bingo Or Cycling Without Age Nobby's Picnic Lunch	Scenic Drive Lunch: Bar Beach Bowling Club Harris Farm Markets Cooks Hill
Mon 30 September				
Milpara Day Centre Art & Craft Games Tech Help Putt Putt				



Like us on Facebook and Share the news!

www.facebook.com/NovaCareCommunityServices

MILPARA NEWS!

Thursday 19 September

Happy Birthday to you!!
Come and celebrate yourself, we are celebrating everyone's birthdays for the year.



REMINDER

Seatbelts must be worn when the bus is in motion, only when the bus is parked can people take their seatbelts off. We are not a public bus where you can stand before your stop.



Thursday 26 September

Are you looking for something different and totally enjoyable to do? Come and experience Cycling Without Age. Let our amazing pilots do all the hard work and take you for a ride in one of our trishaws, whilst you sit back and enjoy the sun on your face, the wind in your hair and take in the beautiful scenery.



AFTER HOURS CALLS AND CONTACT OVER THE WEEKEND.

NovaCare have a voice mail after-hours service in place. Any calls made to the after-hours voice mail inbox will be actioned the next business day. For example, if you call on Saturday to talk to your Case Manager about a service change it will be actioned on Monday morning.

NovaCare also have a support service called Safety-Link that supports the staff delivering service over the weekend to our

home care package consumers. This is NOT an emergency service. In the case of an emergency please 000, the operator will direct you to the appropriate service.

We encourage all consumers to discuss any additional services requirements prior to the weekend where possible. We understand that care arrangements can change very quickly, our aim is to respond quickly to ensure we keep everyone living safely in their own home. Our after-hours service helps us achieve this.

Opening hours: 8:30am-4:00pm, Monday to Friday.

If you need to call outside of these hours please call Head Office on 1300 363 654.