

Take a look at what's on this month and join in the fun!

MILPARA SOCIAL CALENDAR

We can pick you up and drop you back at home in a comfy, air-conditioned NovaCoach.

Day Trips from just \$10 plus expenses, **Special Events** and **Milpara Activities**.

For more information or bookings, please call us or email milpara@novacare.org.au

BOOK NOW
4963 6356
or 1300 363 654

OCTOBER 2024

Mon 30 September	Tues 1 October	Wed 2 October	Thurs 3 October	Fri 4 October
Milpara Day Centre Art & Craft Games Tech Help Putt Putt	ASB Hatha Yoga 11:00am - 11:45 \$10 Or Morning Tea and Lunch Scenic Drive	Strength.Balance.Relax	Bingo Or Morning Tea and Lunch Scenic Drive	Morning Tea and Lunch Scenic Drive
Mon 7 October	Tues 8 October	Wed 9 October	Thurs 10 October	Fri 11 October
Public Holiday CLOSED	ASB Hatha Yoga 11:00am - 11:45 \$10 Or Morning Tea and Lunch Scenic Drive	Strength.Balance.Relax	Bingo Or Morning Tea and Lunch Scenic Drive	Morning Tea and Lunch Scenic Drive
Mon 14 October	Tues 15 October	Wed 16 October	Thurs 17 October	Fri 18 October
Milpara Day Centre Art & Craft Tech Help Games	ASB Hatha Yoga 11:00am - 11:45 \$10 Or Morning Tea and Lunch Scenic Drive	Strength.Balance.Relax	Bingo Or Hunter Multicultural Centre Morning Tea 3 course meal \$25 Garden Tour	Morning Tea and Lunch Scenic Drive
Mon 21 October	Tues 22 October	Wed 23 October	Thurs 24 October	Fri 25 October
Milpara Day Centre Art & Craft Tech Help Games	ASB Hatha Yoga 11:00am - 11:45 \$10 Or Morning Tea and Lunch Scenic Drive	Strength.Balance.Relax Or Scone Time East Maitland Book by 16 October	Bingo Or Morning Tea and Lunch Scenic Drive	Morning Tea and Lunch Scenic Drive
Mon 28 October	Tues 29 October	Wed 30 October	Thurs 31 October	
Milpara Day Centre Art & Craft Tech Help Games	ASB Hatha Yoga 11:00am - 11:45 \$10 Or Morning Tea and Lunch Scenic Drive	Strength.Balance.Relax	Bingo Or Morning Tea and Lunch Scenic Drive	



Like us on Facebook and Share the news!

www.facebook.com/NovaCareCommunityServices

MILPARA NEWS!

This program has been booking out within a couple of hours of being out. To give everyone a chance to attend, outings will be limited to two a week, you can still attend any activities at the centres, the program doesn't have all destinations, but we will still be visiting all the places you all enjoy and maybe some new ones.

You will have one week to put your requests in for what you would like to attend, this does not guarantee your attendance. Milpara staff will contact you to advise what you are booked in for, this is to make it fairer for everyone.

Any questions please call or email.

CARER'S WEEK is coming up in October.

To celebrate our carers and the contribution they make to the lives of so many of our consumers we will be hosting a luncheon at our Morisset Day Centre. If you know a carer that needs an opportunity to unwind, connect with other carers and enjoy a well-deserved break please let us know.

Please call Simone Parker on **1300 363 654** and she will make sure they get a personal invitation to our celebration. This is our way of saying thank you!

Thanks
for caring

Labour Day Holiday Closure.

The NovaCare office and all of our social centres will be closed on Monday 7 October 2024 for Labour Day. A reminder there will be no CHSP on the public holidays.

AFTER HOURS CALLS AND CONTACT OVER THE WEEKEND.

NovaCare have a voice mail after-hours service in place. Any calls made to the after-hours voice mail inbox will be actioned the next business day. For example, if you call on Saturday to talk to your Case Manager about a service change it will be actioned on Monday morning.

NovaCare also have a support service called Safety-Link that supports the staff delivering service over the weekend to our

A warm welcome to Vanessa!

Vanessa has joined the Home Care Package team as our very first Leisure and Lifestyle Coordinator. Vanessa will be working closely with the Case Managers and Day Centre Coordinators to help support more consumers access the community and do the wonderful things we all like to do. Vanessa will visit consumers in their homes, organise small group activities, outings and events. NovaCare is the first home care provider to offer this service and we are very excited to welcome Vanessa into the NovaCare team.



NovaCare will be hosting a Community Christmas party on Tuesday 3 December. Join us at Belmont Golf Club as we come together to enjoy the magic of Christmas. The cost is \$40 for a two-course lunch, drinks and transport additional. (Numbers will be limited).

home care package consumers. This is NOT an emergency service. In the case of an emergency please call 000, the operator will direct you to the appropriate service.

We encourage all consumers to discuss any additional services requirements prior to the weekend where possible. We understand that care arrangements can change very quickly, our aim is to respond quickly to ensure we keep everyone living safely in their own home. Our after-hours service helps us achieve this.

Opening hours: 8:30am-4:00pm, Monday to Friday.

If you need to call outside of these hours please call Head Office on 1300 363 654.
