

## Take a look at what's on this month and join in the fun! MORISSET SOCIAL CALENDAR

We can pick you up and drop you back at home in a comfy, air-conditioned NovaCoach.

**Day Trips** from just \$10 plus expenses, **Special Events** and **Morisset Activities**.

For more information or bookings, please call us.

**BOOK NOW**  
**4973 3855**  
**or 1300 363 654**

### OCTOBER 2024

Mon 30 September	Tues 1 October	Wed 2 October	Thurs 3 October	Fri 4 October
Seniors Centre 9:30am - 2:00pm <b>And / Or</b> Dance4Wellbeing 2:00pm	Seniors Centre 9:30am - 2:00pm	Seniors Centre 9:30am - 2:00pm <b>Or</b> Shopping Shuttle Bonnells Bay 9:30am	Seniors Centre 9:30am - 2:00pm <b>Or</b> Walkie Talkies 9:30am	Seniors Centre 9:30am - 2:00pm  No Hydro School Holidays
Mon 7 October	Tues 8 October	Wed 9 October	Thurs 10 October	Fri 11 October
<b>Public Holiday CLOSED</b>	Seniors Centre 9:30am - 2:00pm	Seniors Centre 9:30am - 2:00pm <b>Or</b> Shopping Shuttle Lake Haven 9:30am	Seniors Centre 9:30am - 2:00pm <b>Or</b> Food with Friends	Seniors Centre 9:30am - 2:00pm  No Hydro School Holidays
Mon 14 October	Tues 15 October	Wed 16 October	Thurs 17 October	Fri 18 October
Seniors Centre 9:30am - 2:00pm <b>Or</b> Dance4Wellbeing 2:00pm	Seniors Centre 9:30am - 2:00pm	Seniors Centre 9:30am - 2:00pm <b>Or</b> Monthly Outing CIVIC THEATRE <b>Fully Booked</b>	Seniors Centre 9:30am - 2:00pm <b>Or</b> Walkie Talkies 9:30am	Seniors Centre 9:30am - 2:00pm  No Hydro School Holidays
Mon 21 October	Tues 22 October	Wed 23 October	Thurs 24 October	Fri 25 October
Seniors Centre 9:30am - 2:00pm <b>Or</b> Active-Stronger-Better 2:00pm	Seniors Centre 9:30am - 2:00pm <b>Or</b> Carer's Week Celebration Lunch - 12noon	Seniors Centre 9:30am - 2:00pm <b>Or</b> Shopping Shuttle Tuggerah 9:30am	Seniors Centre 9:30am - 2:00pm <b>Or</b> Food with Friends	Seniors Centre 9:30am - 2:00pm <b>Or</b> Steam Powered Hydro Pool 1:00pm
Mon 28 October	Tues 29 October	Wed 30 October	Thurs 31 October	
Seniors Centre 9:30am - 2:00pm <b>Or</b> Dance4Wellbeing 2:00pm	Seniors Centre 9:30am - 2:00pm <b>Or</b> Happy Hour 2:30pm (conditions apply)	Seniors Centre 9:30am - 2:00pm <b>Or</b> Move Moguls "WHERE THE CRAWDADS SING" 2:15pm	Seniors Centre 9:30am - 2:00pm <b>Or</b> Walkie Talkies 9:30am	



Like us on Facebook and Share the news!

[www.facebook.com/NovaCareCommunityServices](http://www.facebook.com/NovaCareCommunityServices)

## SHOPPING SHUTTLE

On alternate Wednesdays we travel to either Lake Haven Shopping Centre or Tuggerah Westfields.

Once a month we do a grocery run to Bonnells Bay (either a Tuesday or Wednesday).

**COST: \$10** (conditions apply).

If you are unable to drive, or don't want to fight for a parking space, or lift and carry your packages and would like to travel in air-conditioned comfort on one of our buses, this is for you.

We will pick you up from home and drop you off at the shopping centre and then return you home in the afternoon. You can have a nice chat with your fellow shoppers on the way there and back, grab a coffee, have some lunch, do some banking, get a haircut, or just browse the shops, or pick up a bargain.



## MONTHLY OUTING

### CIVIC Theatre

If you would like to know more about these theatre outings, please call the office on **4973 3855** or watch for expressions of interest in the newsletter for upcoming shows.

### MOVIE MOGULS presents:

#### 'WHERE THE CRAWDADS SING'

Wednesday 30 October,  
2:15pm - Cost \$10

(includes movie, afternoon tea and lucky door)

Kay's story begins when she lives in a shack with her poor family in a North Carolina marsh in 1953.

As their abusive, alcoholic father gambles their money away, Kya's mother and older siblings flee one by one, leaving Kya alone with him until he too abandons her at the age of seven.

She survives by selling mussels at the general store. The townspeople know her as the "Marsh Girl".

*This movie has everything, drama, romance, even a murder mystery.*



# MORISSET NEWS!

Please note that due to increased demand coupled with limited spaces available for our outings, not everyone may be able to attend every outing. We appreciate your understanding as we work to ensure that all our consumers that want to get out and about can join in.

## CARER'S WEEK is coming up in October.

To celebrate our carers and the contribution they make to the lives of so many of our consumers we will be hosting a luncheon at our Morisset Day Centre. If you know a carer that needs an opportunity to unwind, connect with other carers and enjoy a well-deserved break please let us know.

Please call Simone Parker on **1300 363 654** and she will make sure they get a personal invitation to our celebration. This is our way of saying thank you!

Thanks  
for caring

## Labour Day Holiday Closure.

The NovaCare office and all of our social centres will be closed on Monday 7 October 2024 for Labour Day. A reminder there will be no CHSP on the public holidays.

**NOTICE:** Vivienne will be on leave from September 26 returning on 21 October. During this period please call Margaret Monday - Thursday or Janelle on Fridays on **49733 855**, for any urgent matters not relating to our activities call Carrington Head Office on **1300 363 654**.

### AFTER HOURS CALLS AND CONTACT OVER THE WEEKEND.

NovaCare have a voice mail after-hours service in place. Any calls made to the after-hours voice mail inbox will be actioned the next business day. For example, if you call on Saturday to talk to your Case Manager about a service change it will be actioned on Monday morning.

NovaCare also have a support service called Safety-Link that supports the staff delivering service over the weekend to our

## A warm welcome to Vanessa!

Vanessa has joined the Home Care Package team as our very first Leisure and Lifestyle Coordinator. Vanessa will be working closely with the Case Managers and Day Centre Coordinators to help support more consumers access the community and do the wonderful things we all like to do. Vanessa will visit consumers in their homes, organise small group activities, outings and events. NovaCare is the first home care provider to offer this service and we are very excited to welcome Vanessa into the NovaCare team.



NovaCare will be hosting a Community Christmas party on Tuesday 3 December. Join us at Belmont Golf Club as we come together to enjoy the magic of Christmas. The cost is \$40 for a two-course lunch, drinks and transport additional. (Numbers will be limited).

home care package consumers. This is NOT an emergency service. In the case of an emergency please call 000, the operator will direct you to the appropriate service.

We encourage all consumers to discuss any additional services requirements prior to the weekend where possible. We understand that care arrangements can change very quickly, our aim is to respond quickly to ensure we keep everyone living safely in their own home. Our after-hours service helps us achieve this.

**Opening hours: 8:30am-4:00pm, Monday to Friday.**

**If you need to call outside of these hours please call Head Office on 1300 363 654.**