

Take a look at what's on this month and join in the fun! TAYLORS BEACH SOCIAL CALENDAR

Day Trips from just \$10 plus expenses, Special Events and Taylors Beach Activities.

NovaCare Taylors Beach Social Centre: 6 Commerce Close, Taylors Beach
For bookings call **1300 363 654** or email taylorbsb@novacare.org.au

MARCH 2025

Mon 3 March	Tues 4 March	Wed 5 March	Thurs 6 March	Fri 7 March
	Exercises 10:30am - 11:15am Or The Lunch Bunch Pickups from 11:30am	Men's Group Or Coffee Club 10:30am - 12:30pm	Exercises 10:30am - 11:15am Or Seniors Week Festival Comedy Show Port Stephens (Soldiers Point Hall) and Lunch at Soldiers Point Bowling Club	Seniors Week Maitland Art Gallery Tour and Lunch
Mon 10 March	Tues 11 March	Wed 12 March	Thurs 13 March	Fri 14 March
	Exercises 10:30am - 11:15am Or The Lunch Bunch Pickups from 11:30am	Seniors Week Novacare Community Event at Gillieston Heights	Exercises 10:30am - 11:15am Or Coffee Club 10:30am - 12:30pm	Scenic Drive Lunch Bull and Bush Medowie
Mon 17 March	Tues 18 March	Wed 19 March	Thurs 20 March	Fri 21 March
	Exercises 10:30am - 11:15am Or The Lunch Bunch Pickups from 11:30am	Men's Group Or Coffee Club 10:30am - 12:30pm	Exercises 10:30am - 11:15am Or Coffee Club 10:30am - 12:30pm	Scenic Drive and Lunch Town Hall Hotel Waratah
Mon 24 March	Tues 25 March	Wed 26 March	Thurs 27 March	Fri 28 March
	Exercises 10:30am - 11:15am Or The Lunch Bunch Pickups from 11:30am	Men's Group Or Coffee Club 10:30am - 12:30pm	Exercises 10:30am - 11:15am Or Coffee Club 10:30am - 12:30pm	Scenic Drive Lunch Kurri Kurri Bowling Club
Mon 31 March				



Like us on Facebook and Instagram and share the news!

www.facebook.com/NovaCareCommunityServices www.instagram.com/novacarenewy/

SENIORS WEEK EVENT AT GILLIESTON HEIGHTS

Wednesday 12 March at 10:00am – 2:00pm

Cost: \$30.00 includes bus

RSVP: 5 March call Christine on **4940 2470** or email taylorb@novacare.org.au

We will have a variety of activities to try such as bingo and the chocolate wheel. You can experience Active Stronger Better or you can simply sit back and enjoy the music. Morning tea and lunch will be provided.



HOME CARE PACKAGES

Has your Home Care Package been assigned? Are you looking for a Home Care Package provider in your local area?

NovaCare can provide your Home Care Packages services in your local area, we provide personalised support that helps you live independently at home. Local people, caring for locals. Contact us today to learn more!

AFTER HOURS CALLS AND CONTACT OVER THE WEEKEND.

NovaCare have a voice mail after-hours service in place. Any calls made to the after-hours voice mail inbox will be actioned the next business day. For example, if you call on Saturday to talk to your Case Manager about a service change it will be actioned on Monday morning.

NovaCare also have a support service called Safety-Link that supports the staff delivering service over the weekend to our

CHANGES TO SOCIAL PROGRAMS & OUTINGS IN EXTREME WEATHER



The safety and wellbeing of our consumers and staff is our top priorities. We have entered a season of unpredictable weather and we want to keep you informed about how extreme heat or heavy rain may impact our social programs and community outings.

How Weather Conditions May Affect Our Programs

Extreme Heat: When temperatures reach dangerous levels, we may need to modify or cancel outdoor activities to prevent heat-related illness. Alternative indoor activities will be arranged where possible.

Heavy Rain & Storms: In cases of driving rain, flooding, or severe storms, outings may be postponed or replaced with indoor alternatives to ensure everyone's safety.

Reduced Stops on Outings: To minimise time spent outdoors in extreme conditions, we will limit outings to a single stop where possible. This will help reduce exposure to heat and rain while still allowing for a meaningful experience.

Outing Cancellations: In some cases, where conditions are unsafe or alternative arrangements are not feasible, we may need to cancel outings altogether. We will always strive to notify you as soon as possible.

HOW WILL YOU BE NOTIFIED?

If changes need to be made to a scheduled outing or event, we will notify you as soon as possible via phone, email, or text message. Our priority is to provide alternative activities when possible, so you can still enjoy some time together.

We appreciate your understanding and flexibility as we prioritise safety while continuing to provide enjoyable programs. If you have any questions, please don't hesitate to reach out to our team.

home care package consumers. This is NOT an emergency service. In the case of an emergency please call 000, the operator will direct you to the appropriate service.

We encourage all consumers to discuss any additional services requirements prior to the weekend where possible. We understand that care arrangements can change very quickly, our aim is to respond quickly to ensure we keep everyone living safely in their own home. Our after-hours service helps us achieve this.

Opening hours: 8:30am-4:00pm, Monday to Friday.

If you need to call outside of these hours please call Head Office on 1300 363 654.